Performance Improvement of Patch Antenna Using Circular Split Ring Resonators and Thin Wires Employing Metamaterials Lens

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Abstract—In this paper, the left-handed metamaterial which acts as a lens is employed to improve the performance of a microstrip patch antenna. The left-handed metamaterial used in this work is a three-dimensional periodic structure which consists of circular split ring resonators and thin wires. The three-dimensional periodic metamaterial structure shows angular independency characteristics in wide range angles, so it acts as a metamaterial lens. However, the MTM structure infinite periodicity truncation has no impacts on the MTM lens scattering, effective parameters and homogeneity. The left-handed metamaterial is placed in front of the microstrip patch antenna and due to the negative refractive index property of the left-handed metamaterial; the radiated electromagnetic beam size decreases which results in a highly focused beam. The proposed antenna has been designed and simulated using CST microwave studio, and the metamaterial effective parameters are extracted from the $S$ parameters by using Nicolson-Ross-Weir algorithm and by selecting the appropriate ambiguity branch parameter. Furthermore, the angular independency of the metamaterial lens has been verified by rotating the metamaterial structure with respect to the excitation probe of the transverse electromagnetic waves and extracting the $S$-parameters and the effective parameters for each rotation angle. A parametric analysis has been performed to study the effects of the patch antenna and left-handed metamaterial lens separation and the size of the three-dimensional left-handed metamaterial structure on the radiating properties and the impedance matching of the proposed antenna. For the experimental verification, the proposed antenna operating at 10 GHz is fabricated; the return loss, radiation pattern and gain for the proposed antenna with and without metamaterial are measured. Furthermore, the results show that the antenna gain is improved by 4.6 dB which validates the concept of beam focusing using negative refractive index metamaterial structure, while the return loss and bandwidth are slightly reduced. The simulation and experiment investigated the idea of the beam focusing using negative refractive index metamaterial lens in microwave regime.

1. INTRODUCTION

Microstrip patch antennas offer an attractive solution to compact, conformal and low-cost designs of many wireless application systems [1]. It is well known that the gain of a single patch antenna is generally low, and it can be increased by using array of patches or by reducing the surface wave, which can create ripples in the radiation pattern and hence reduce the main loop gain. Several methods have been proposed to reduce the effects of surface waves [2–8]. One approach suggested earlier is the synthesized substrate that lowers the effective dielectric constant of the substrate either under or around the patch [2, 3]. Other approaches use parasitic elements [4, 5] or a reduced surface-wave antenna [6–8]. During the last decade, a metamaterial layer with negative refractive index has been developed to act as a lens [9]. This metamaterial (MTM) lens can be placed in front of a patch...
antenna, and due to the negative refractive index property of the MTM, the radiated electromagnetic beam size decreases which results in a highly focused beam, hence the gain, directivity and radiation efficiency can be significantly improved [10, 11]. Metamaterials are artificial materials which exhibit non-natural properties such as negative permittivity, negative permeability and negative refractive index (NRI) from physical dimensions and geometrical shapes rather than chemical composition [12–17]. Metamaterials which have simultaneous negative permittivity and negative permeability are called left-handed materials (LH-MTM), in which the electric field $E$, magnetic field $H$, and wave vector $k$ form a left-handed system.

Recently, several structures have been proposed which exhibit the LH-MTM properties such as omega shape, spiral multi-split, fishnet, and S-shape [18–20]. After that, many researchers have been interested in investigating this artificial material, and several of them used the LH-MTM to improve the properties of the microwave devices such as antennas and filters [21]. Many papers have been published regarding the LH-MTM integrated with antennas, and their properties have been analyzed [22–24]. Although other metamaterials such as frequency selective surface (FSS) and electromagnetic band gap (EBG) have been used to enhance the gain of an antenna [25, 26], the NRI property of the LH-MTM was exploited to improve the directivity and gain of the antennas [27–29]. In addition, a metamaterial structure composed of wire medium was given by Burghignoli et al. for directive leaky-wave radiation from a dipole source [30]. It was shown that the electromagnetic waves in the media can be congregated in a narrow rectangle area properly when applied to a monopole antenna; this structure can greatly improve the directivity of the antenna. Also, metamaterials have been designed and investigated in the THz frequency range for developing new THz devices such as antennas, filters, sensors, and absorbers [31–34]. Furthermore, metamaterial structures composed of 3-D metal grid superstrate have been used to improve the directivity of the antenna [35, 36]. It should be noted that the aperture size of the metamaterial superstrate is much more than the size of the patch which makes the antenna very bulky. Also, zero index medium metamaterial superstrate is used to develop a high gain and wideband antenna [37]. It is clear from the structure of the antenna that the metamaterial superstrate uses via to resemble shunt inductance, which makes it difficult in fabrication. Photonic crystal-based resonant antenna presented in [38] is a high directive antenna, but it is very bulky and has a narrow bandwidth. Alù et al. proved numerically and theoretically that a PEC screen with a small hole covered by two subwavelength metamaterial structures (i.e the PEC screen with a small gap is covered by metamaterial structures from both sides) is used to increase the wave transmission through this aperture, and hence the directivity of the antenna can be improved [39]. Planar metamaterial with NRI has been developed using split ring resonator (SRR) in [40]. In this work, a planar double-sided structure composed of CSRR s/TWs with NRI is used as a cover for the patch antenna to improve antenna directivity. The novelty of using such a structure to improve the antenna gain is that it is easy in fabrication and has a small size compared to the published work in [35–38]. However, the CSRR/TWs have strong electric and magnetic couplings compared with SRR (of [40]) due to the double-sided structure. As a result, the patch antenna incorporated with NRI cover composed of CSRRs/TWs may have a higher gain than that covered by SRR only.

Here, the left-handed metamaterial (LH-MTM) which acts as a lens is employed to improve the performance of a microstrip patch antenna operating at 10 GHz. The LH-MTM used in this work is a 3-D periodic structure which consists of circular split ring resonators and thin wires (CSRR/TWs) [41]. The LH-MTM is placed in front of the microstrip patch antenna, and due to the negative refractive index property of the LH-MTM, the radiated electromagnetic beam size decreases which results in a highly focused beam, and hence the radiation parameters of the antenna such as gain, and directivity will be improved. This paper is organized as follows. Section 2 provides the design and simulation of the 10 GHz proposed patch antenna. Furthermore, this section includes designs of a conventional line fed patch antenna at 10 GHz, frequency response and the angular independency of the CSRR/TWs MTM structure, and parametric analysis of 10 GHz patch antenna incorporated with CSRR/TWs MTM lens. The experimental validation of the proposed antenna is illustrated in Section 3. Finally, the paper conclusion is given in Section 4.
2. ANALYSIS AND DESIGN OF THE PROPOSED ANTENNA

In order to investigate the idea of beam focusing using NRI MTM Lens, a microstrip patch antenna operating at 10 GHz and a CSRR/TW LH-MTM unit cell resonating at the same frequency as that of the patch antenna are designed and simulated using CST microwave studio. The conventional patch antenna has a length $L$ and width $W$ of 8.6 mm and 11.86 mm, respectively, and is printed on an RT/Duroid 5880 substrate with a relative permittivity of $\varepsilon_r = 2.2$ and thickness of $h = 1.57$ mm. The patch is fed by a 50 $\Omega$ microstrip line and is matched with quarter wavelength transformer which has a line length $L_T$ and width $W_T$ of 7 mm and 0.3 mm, respectively. The quarter wavelength transformer length and/or the patch width were optimized to give a good impedance matching. The size of the substrate $a \times b$ was calculated from the formula $(W + 6h) \times (L + 6h)$ [42]. The conventional microstrip patch antenna (MSA) parameters such as gain, bandwidth, and directivity and radiation efficiency are calculated theoretically using cavity model [43]. The Directivity ($D$) is calculated as follows

$$D = \frac{2}{1 + g_{12}}$$

$$I_1 = \int_0^\pi \sin^2 \left( \frac{k_0 b \cos (\theta)}{2} \right) \tan^2 (\theta) \sin (\theta) d\theta$$

$$g_{21} = \frac{1}{120\pi^2} \int_0^\pi \sin^2 \left( \frac{\pi b \cos (\theta)}{\lambda_0} \right) \tan^2 \theta \sin \theta J_0 \left( \frac{2\pi a \sin \theta}{\lambda_0} \right) \frac{1}{G} d\theta$$

where $J_0(x)$ is the zeroth-order Bessel function, $k_0$ the free space wave number equals $\lambda_0/2\pi$, $a$ the substrate length equals $W + 6h$, $b$ the substrate width equals $W + 6h$, $G$ the radiation inductance $G = 1/R_r$, and $R_r$ the radiation resistance and given by [43]

$$R_r = \frac{120\pi^2}{I_1}$$

The bandwidth BW of the MSA can also inversely proportional to its total quality factor $Q_T$ and is given by [38]

$$BW = \frac{VSWR - 1}{Q_T \sqrt{VSWR}}$$

The total quality factor $Q_T$ is given by [37]

$$\frac{1}{Q_T} = \frac{1}{Q_r} + \frac{1}{Q_c} + \frac{1}{Q_{sw}} + \frac{1}{Q_d}$$

where $Q_r$, $Q_c$, $Q_{sw}$ and $Q_d$ are the radiation, conductor, surface wave and dielectric quality factors, respectively. The relationship between VSWR and return loss $S_{11}$ is as follows [44].

$$S_{11} \text{ (dB)} = 20\log_{10} \left( \frac{VSWR}{VSWR - 1} \right)$$

The MSA radiation efficiency is given by [43]

$$e = \frac{Q_T}{Q_r} = \frac{Q_d Q_c Q_{sw}}{Q_{sw} Q_c Q_r + Q_{sw} Q_c Q_r + Q_{sw} Q_r Q_d + Q_r Q_d Q_c}$$

The gain $G$ of the MSA is given by [43]

$$G = e D$$

The maximum gain of the conventional patch antenna is about 7 dB. Furthermore, the CSRR/TW LH-MTM unit cell is used to construct a 3-D LH-MTM periodic structure which is then placed in front of the patch antenna with specific separation $h_S$ as shown in Figs. 1(a), 1(b), 1(c), and 1(d) which illustrate the 3-D view, bottom view, top view and side view of the proposed antenna, respectively.
However, the 3-D CSRR/TW LH-MTM structure is designed with specific periodicities of $a_x$, $a_y$, and $a_z$ in $x$, $y$, and $z$, respectively, which satisfies the homogeneity condition of the LH-MTM as shown in Figs. 1(b) and 1(c). Different layers of the MTM structure are attached to the conventional patch antenna by using foam spacer, since it has effective parameters close to the air, so it will have no impacts on the antenna performance. The detailed dimensions, the frequency response and angular response of the CSRR/TW MTM unit cell constructing the MTM lens will be given in Subsections 2.1, and 2.2. After that, the proposed antenna is simulated in CST for different sizes of the 3-D CSRR/TW structure employing the MTM lens at different separations $h_S$ between the patch and the MTM lens; as a result, the optimized structure of the proposed antenna can be obtained.

![Diagram of the proposed antenna](image)

**Figure 1.** The structure of the proposed antenna, (a) 3-D view, with hidden foam spacer located between the patch and the MTM lens and between the different layers of the MTM lens, (b) bottom view, (c) top view and (d) side view with viewed foam spacer.

### 2.1. Frequency Response of CSRR/TW MTM Unit Cell Resonating at 10 GHz

Here, a unit cell of CSRR/TW is designed and simulated in CST in which when repeated in two dimensions, it may give us a negative effective permittivity ($\varepsilon$), negative effective permeability ($\mu$) and hence a negative refractive index ($n$) around the interesting frequency of 10 GHz [21, 35]. The dimensions of the 2-D CSRR/TW MTM structure are optimized in order to give a simultaneous negative permittivity and negative permeability in a frequency range to be matched with the bandwidth of the patch antenna designed in the last subsection, to achieve an optimal beam focusing when it is integrated with the patch antenna. The CSRR is a copper layer with thickness $t$ of 35 µm mounted on the top side of a RT/Duriod 5880 dielectric substrate with relative dielectric permittivity $\varepsilon_r$ of 2.2 and height $h = 1.57$ mm, and the TW is mounted on the other side, i.e., the MTM structure is a double-sided process structure. The CSRR/TW unit cell depicted in Fig. 2 was designed using the CST Microwave Studio to resonate at 10 GHz. The CSRR/TW parameters are: $a = 4.5$ mm, $g = 0.3$ mm, $r_{1i} = 1$ mm, $r_{1o} = 1.4$ mm, $r_{2i} = 1.8$ mm, $r_{2o} = 2.1$ mm, $L_{TW} = 4.2$ mm. $W_{TW} = 1$ mm and $t = 17$ µm.

After the MTM structure is designed and simulated in CST software, the scattering parameters are traced as shown in Fig. 3(a). Fig. 3(a) shows that the MTM structure has a bandpass frequency response with a transmission peak center frequency of 10 GHz. The scattering parameters of the MTM unit cell with infinite periodicity in $x$ and $y$ directions are obtained by using boundary conditions of magnetic
Figure 2. The MTM structure composed of CSRR/TW MTM unit cell with infinite periodicity in $x$ and $y$ directions, (a) front view, (b) back view, (c) and (d) indicate 3-D view with boundary conditions of unit cells in $x$ and $y$ directions and the feeding source in the $x$-$y$ plane.

walls at the back and front sides since the magnetic field is polarized in the $x$-direction and also electric walls on the left and right sides as the electric field is polarized in the $y$-direction. The theoretical resonant frequency of the CSRR/TW unit cell is 10 GHz, according to the theories developed in [21, 35], which is matched with the operating frequency of the patch antenna. The transversal periodicity is $a = 4.5$ mm, less than 1/8 of the free space wave length at resonance, which is used to construct the 3-D MTM periodic structure to employ the MTM lens as will be illustrated in the next subsection.

Then, the effective parameters of MTM unit cell with infinite periodicity in $x$ and $y$ directions, including effective permittivity $\varepsilon$, effective permeability $\mu$, and refractive index $n$, have been extracted from the $S$-parameters using Nicolson-Ross-Weir (NRW) approach [45–49], and the results are plotted as shown in Figs 3(b), (c) and (d), respectively for two different branch ambiguity factors $p$ of 0 and 1 values. According to the theory developed in [46], the correct branch ambiguity factor for this MTM structure is $p = 0$ since it is a thin MTM slab. Figs. 3(b), (c) and (d) illustrate that the real parts of the effective permittivity $\varepsilon'$, effective permeability $\mu'$ and effective refractive index $n'$, respectively, are negative around the resonance frequency of 10 GHz at $p = 0$. In [40], the authors proved that the MTM effective parameters extraction based on the $S$-parameters method has no ambiguity related to the sign of the wavenumber $k_s$ and the intrinsic impedance $\eta_s$ of the metamaterials layer, while it has ambiguities related to the branch of the complex logarithm. Based on this method, the effective permittivity $\varepsilon_s$ and effective permeability $\mu_s$ are given as follows:

$$\varepsilon_s = \frac{k_s}{\omega \eta_s}$$

(10)

$$\varepsilon = \varepsilon' + j \varepsilon'' = \frac{\varepsilon_s}{\varepsilon_0}$$

(11)

where $\varepsilon'$ and $\varepsilon''$ are the real and imaginary parts of the relative (effective) permittivity of the MTM slab, respectively, and $\varepsilon$ is the MTM slab relative permittivity, $\varepsilon_0$ the free space permittivity.

$$\mu_s = \frac{k_s \eta_s}{\omega}$$

(12)
Figure 3. The CSRR/TWs infinite 2-D periodicity MTM structure with negative effective parameters around the fundamental resonance frequency of 10 GHz, extracted at unambiguity branch parameter $p = 0$ [46], (a) $S$-parameters magnitude, (b) $S$-parameters phase, (c) effective permittivity ($\varepsilon$), (d) effective permeability ($\mu$) and (e) refractive index ($n$).

$$
\mu = \mu' + j\mu'' = \frac{\mu_s}{\mu_0}
$$

where $\mu'$ and $\mu''$ are the real and imaginary parts of the relative (effective) permeability of the MTM slab, respectively, and $\mu$ is the MTM slab relative permeability, $\mu_0$ the free space permeability.

The intrinsic impedance in the MTM layer $\eta_s$ can be calculated from the free space intrinsic impedance $\eta_0$ which is $120\pi\Omega$ and the MTM $S$-parameters as follows:

$$
\eta_s = \pm \eta_0 \sqrt{\frac{(S_{11} + 1)^2 - S_{21}^2}{(S_{11} - 1)^2 - S_{21}^2}}
$$

The wavenumber $k_s$ inside the MTM layer of thickness $d$ can be expressed as follows, where

$$
k_s = \frac{j}{d} \log (Z) = \frac{1}{d} (- (\text{Arg} (Z) + 2\pi p) + j\log (Z))
$$

$$
Z = \frac{S_{21}(\eta_s + \eta_0)}{(\eta_s + \eta_0) - S_{11}(\eta_s - \eta_0)}
$$

The term $2\pi p$ (where $p$ is an integer number) defines the branches of log $Z$. There is a specific value of $p$ which gives the branch ambiguity in the real part of $k_s$ which is $k'_s$. It has been noticed that there is no branch ambiguity in the imaginary part of $k_s$ which is $k''_s$. The branch ambiguity factor $p$ is determined based on the geometry of the MTM slab, whether it is thin, thick or multi-layered. In our
case, the MTM slab is thin, since the relation between the wavelength $\lambda_s$ of 30 mm at the predefined interesting frequency which is 10 GHz and the thickness $d$ of the MTM slab which is 1.6 mm is $\lambda_s > 2d$. As a result, $|k'_s|d < \pi$ and therefore, Arg($Z$) is limited to the interval $[-\pi, \pi]$, so $p$ is set to 0 in Equation (13). Thus, the material parameters can be extracted unambiguously for electrically thin slab which is the case of this paper.

Figures 3(a) and 3(b) show that the CSRR/TWs MTM unit cell with infinite 2-D periodicity resonates at a fundamental frequency of 10 GHz and has a negative effective parameters around 10 GHz as shown in Figs. 3(c), 3(d) and 3(e). However, the bandwidths of the negative effective parameters of the CSRR/TWs MTM unit cell with infinite 2-D periodicity can be widened if the unit cell dimensions are increased, and the first harmonic resonance of the CSRR/TWs unit cell is chosen instead of the fundamental resonator. To do so, the dimensions of the CSRR/TWs MTM unit cell shown in Fig. 2 are redesigned to have a first harmonic resonance around 10 GHz with a wider bandwidth. The CSRR/TWs MTM unit cell parameters are: $a = 8$ mm, $g = 0.3$ mm, $r_{1i} = 2$ mm, $r_{1o} = 2.5$ mm, $r_{2i} = 3$ mm, $r_{2o} = 3.5$ mm, $L_{TW} = 7$ mm, $W_{TW} = 1$ mm and $t = 17$ $\mu$m. The effective parameters of the CSRRs/TWs unit cell with infinite 2-D periodicity, including effective permittivity $\varepsilon$, effective permeability $\mu$, and refractive index $n$, have been extracted from the $S$-parameters using the method presented in [46] for unambiguity branch parameter $p$ of 0. Figs. 4(a) and 4(b) show that the infinite 2-D periodicity CSRR/TWs unit cell has bandpass frequency response with a center frequency of 10 GHz. However, the real part of the effective permittivity, effective permeability, and refractive index are

![Graphs and diagrams]

**Figure 4.** The 2-D infinite periodicity CSRR/TWs MTM structure with negative effective parameters around the first harmonic resonance frequency of 10 GHz, extracted at unambiguity branch parameter $p$ of 0 [46], (a) $S$-parameters magnitude, (b) $S$-parameters phase, (c) effective permittivity ($\varepsilon$), (d) effective permeability ($\mu$) and (e) refractive index ($n$).
negative around 10 GHz as shown in Figs. 4(c), 4(d) and 4(e), respectively. Furthermore, according to the theory developed in [46], the selected ambiguity branch parameter is $p = 0$ since the structure is a thin MTM slab. It is important to notice that as the ambiguity branch parameter is chosen properly, the non-Lorentzian response is minimized. By comparing the scattering parameters shown in Figs. 3(a) and (b) with the effective parameters shown in Figs. 3(c) to (e), it is clear that far away from resonance, the effective parameters have DC offset values, and they have negative real effective parameters after resonance. However, the MTM structure exhibits simultaneous negative effective parameters.

2.2. Angular Response, Infinite Periodicity Truncation Impacts and Lens Verifications of the CSRR/TWs NRI MTM Structure

In this section, the angular response of the CSRR/TWs structure with 2-D infinite periodicity is studied to verify the angular independency of the CSRR/TWs NRI MTM structure to ensure that the MTM structure designed in the previous section has a negative refractive index (NRI) and good reflection and transmission characteristics in a wide band of angles, and hence the MTM structure can be used to act as a lens to focus the EM waves [9]. As a result, the radiation parameters of the patch antenna such as gain, directivity and radiation efficiency will be improved, if the MTM structure is placed in the front of the patch antenna. Also, the infinite periodicity truncation impacts of the MTM structure on the effective parameters of the MTM structure are studied.

Firstly, to verify the angular independency characteristics of the CSRR/TWs MTM structure, the MTM structure is rotated from 0 degree to 180 degrees with respect to the excitation probe of the Transverse Electromagnetic Waves (TEM) waves. Due to the symmetry of the MTM structure, it will reach its initial orientation angle of 0 degree if it is rotated by 180 degrees, so no need to rotate the structure by 360 degrees to check the angular independency of its characteristics. For each orientation angle of the MTM structure from 0 to 180 degrees, the transmission, reflection and effective parameters are traced, and then they are compared for all the rotation angles. If the MTM structure has good transmission and reflection characteristics as well as simultaneous negative effective permittivity, negative effective permeability and NRI for all rotation angles from 0 to 180 degrees, then it can be said that the structure has angular independency and can act as a MTM lens. This task has been achieved by fixing the direction of the excitation TEM wave and rotating the CSRR/TWs MTM structure.

![Figure 5](image.png)

**Figure 5.** Magnitude of the scattering parameters of the infinite 2-D CSRR/TWs MTM structure at different rotational angles of 0, 45, and 180 degrees with respect to the excitation TEM wave direction, (a) $S_{11}$, (b) $S_{21}$, (c) $S_{11}$ phase, and (d) $S_{21}$ phase.
Figure 6. The 2-D infinite periodicity CSRR/TWs MTM structure with negative effective parameters around the first harmonic resonance frequency of 10 GHz, extracted with ambiguity branch parameter $p$ of 0 [46] and at different rotational angles of 0, 45, and 180 degrees with respect to the excitation TEM wave direction, (a) real part of effective permittivity ($\varepsilon'$), (b) imaginary part of effective permittivity ($\varepsilon''$), (c) real part of effective permeability ($\mu'$), (d) imaginary part of effective permeability ($\mu''$), (e) real part of refractive index ($n'$), and (f) imaginary part of refractive index ($n''$).

with respect to the source. Then, for selected rotational angles of 0, 45, and 180 degrees, the scattering parameters of the structure are traced as shown in Fig. 5. Then the effective parameters of the structure are extracted and plotted as shown in Fig. 6 based on the method presented in [46], and 0 is chosen for ambiguity branch parameter $p$ since the MTM structure is a thin MTM slab as it proved in Section 2.1 of this paper. It is clear from Fig. 5 that although three are significant variations for $S_{11}$ and $S_{21}$ by rotating the MTM structure with respect to the TEM wave excitation source, the real effective permittivity $\varepsilon'$, real effective permeability $\mu'$ and real refractive index $n'$, all of them have negative values around 10 GHz for all rotation angles.

Secondly, the effect of the MTM infinite periodic structure truncation on the MTM lens effective parameters and the metamaterial homogeneity is considered. It is impossible to use infinite MTM periodic structure in our application of incorporating the patch antenna with the MTM lens, since the patch antenna has a patch length of $\lambda/2$ and a patch width which determines the antenna impedance matching. This means that we have a finite MTM lens size which can be identified as function of the patch dimensions and the resonance wavelength to make sure that the antenna impedance matching occurs and that at the same time the MTM structure has negative real part effective parameters around the resonance frequency, and the MTM homogeneity is still satisfied. For example in the direction of the antenna patch length $L$ which is the $y$-axis as shown in Fig. 1, the infinite periodicity is truncated at two unit cells of cell size $a = 8$ mm, and this number of cells satisfies the MTM homogeneity at the operating wavelength which is 30 mm at 10 GHz, since at this frequency, the ratio $\lambda/a$ will be approximately 4,
which means that two unit cells are required to cover the patch of effective length \( L = \lambda/2 \) of 15 mm in the direction of the patch length. This means that there will be approximately \( \lambda/4 \) wave propagating across each MTM unit cell which is not bad related to the MTM homogeneity condition. Furthermore, it is good if we can increase the number of MTM unit cells per wavelength greater than 8, and this can be done by taking a MTM unit cell with size of 4.5 mm and having a fundamental resonance frequency of 10 GHz. This approach is suggested, and unfortunately a less gain improvement is achieved (the results not shown here). So to tackle the tradeoff between the MTM homogeneity and the antenna performance improvement, a consistent homogeneity factor of 4 is chosen. However, if the number of cells in the direction of the patch length is increased, it will affect the impedance matching of the antenna, and the return loss is increased as will be illustrated in the next section (see Fig. 9(a) for a MTM size of \( 3 \times 3 \times 2 \)), so two unit cells are the optimum number in the \( y \)-direction. For the number of cells in \( x \)-direction aligned to the patch width, different sizes of 2, 3 and 4 are used, which fully cover the patch and even the whole antenna substrate. While in the \( z \)-direction, the periodicity of the MTM structure is truncated at two unit cells, since more cells in such a direction will cause impedance mismatching.

To verify the above explanation of the infinite periodicity truncation of the MTM structure, three different 3-D MTM structures with truncated periodicity of sizes \( 2 \times 2 \times 2 \), \( 3 \times 3 \times 2 \), and \( 4 \times 2 \times 2 \), in addition to one 2-D MTM structure with infinite periodicity are designed and simulated in CST software. The scattering parameters of the MTM structures with infinite and truncated periodicities are traced as shown in Fig. 7. It is clear that the return loss and the transmission characteristics of the 3-D truncated MTM structures are better than their counterparts of the 2-D infinite periodicity MTM structure. These improvements are because of the multilayer used in the case of the truncated MTM structure, while in the case of the infinite periodicity, one layer of 2-D infinite periodicity is used. Then the effective parameters of all the MTM structures are extracted and plotted for ambiguity branch parameter \( p \) of 0 [46] as shown in Fig. 8. Fig. 8 illustrates that the infinite periodicity truncation of the MTM structure does not destroy the negative effective parameters of the MTM structure, and the structure still has negative values for real effective permittivity, real effective permeability and real refractive index as shown in Figs. 8(a), 8(c) and 8(e), respectively, around 10 GHz. Also, the imaginary parts of the effective permittivity and permeability have DC offset values far away from resonance and peak at resonance which shows that the structure has a physical Lorentzian response. Furthermore, the optimum dimensions of the MTM lens structure will be chosen such that the return loss of the antenna is not destroyed as a result of the capacitive and inductive coupling presented by the MTM lens to the conventional antenna. This will be studied in the coming section.

![Figure 7](image-url)  
**Figure 7.** Magnitude of the scattering parameters of the MTM structure with truncated periodicity by building the MTM lens from 3-D structure with finite sizes of \( 2 \times 2 \times 2 \), \( 3 \times 3 \times 2 \) and \( 4 \times 2 \times 2 \). (a) \( S_{11} \), and (b) \( S_{21} \), (c) \( S_{11} \) phase, and (d) \( S_{21} \) phase.
Figure 8. The extracted effective parameters of the MTM structure truncated periodicity by building the MTM lens from 3-D structure with finite sizes of $2 \times 2$, $3 \times 3$ and $4 \times 2$ with ambiguity branch parameter $p$ of 0 [40], (a) real part of effective permittivity ($\varepsilon'$), (b) imaginary part of effective permittivity ($\varepsilon''$), (c) real part of effective permeability ($\mu'$), (d) imaginary part of effective permeability ($\mu''$), (e) real part of refractive index ($n'$), and (f) imaginary part of refractive index ($n''$).

2.3. Design and Simulation of 10 GHz Patch Antenna Incorporated with CSRR/TW MTM Lens in Front of the Patch

Here, the proposed patch antenna incorporated with MTM is analyzed, simulated and optimized using CST software. The proposed antenna operates at 10 GHz, and the MTM lens is optimized to have a negative permeability, negative permittivity and negative refractive index in a wideband around the 10 GHz. The antenna is optimized by changing the size of the MTM lens and the separation between the MTM lens and the patch. Figs. 9(a) and 9(b) show the return loss and radiation gain at 10 GHz of the proposed antenna at 10 mm separation distance $h_s$ between the patch and the MTM lens bottom side and at different MTM lens sizes. The separation distance between each two 2D MTM layers is 2 mm.

Furthermore, the effect of the patch and MTM lens separation on the radiation and impedance matching parameters are studied by fixing the size of the MTM lens at $3 \times 3 \times 2$ in $x$, $y$ and $z$ directions, respectively and changing the separation distance $h_s$ from 6 mm to 12 mm by step size of 2 mm. It is important to notice that the separation distance between the patch antenna and the MTM lens as well as the size of the MTM lens plays an important role in optimizing the antenna parameters. The results show that the proposed antenna is optimized at a separation distance of 10 mm. The return loss and radiation gain for the proposed antenna at different separation distances between the patch and MTM lens with fixed MTM lens size of $3 \times 3 \times 2$ are calculated and plotted as shown in Figs. 10(a) and 10(b). The magnitudes of the near electric and magnetic fields of the proposed antenna with and
Figure 9. (a) The simulated return loss and (b) the simulated $E$-plane and (c) $H$-plane gain at 10 GHz of the proposed antenna with and without MTM lens of different sizes and at 10 mm separation distance $h_s$ between the patch and the MTM lens.

Figure 10. (a) The simulated return loss and the simulated (b) $E$-plane and (c) $H$-plane gains at 10 GHz of the proposed antenna with and without MTM lens of size $3 \times 3 \times 2$ and different separation distances $h_s$ between the patch and the MTM lens.

without MTM lens at 10 GHz are plotted as shown in Fig. 11. It is clear that by placing the MTM lens of size $3 \times 3 \times 2$ and identifying the convergence mesh criteria in the CST, the electric field $E$ magnitude is improved from 29788 v/m to 37996 v/m, the magnetic field $H$ strength slightly improved from 76.4 A/m to 77.1 A/m, and the field is focused above the patch around the center of the MTM lens which claims the NRI CSRR/TWs MTM structure employing a lens. It is important to notice that the shown numbers for the $E$ and $H$ fields are just to clarify the improvement in the near field of the patch antenna, which occurs due to the MTM lens, and these numbers may be changed slightly if the numbers of meshes in the CST are changed.
It is clear from Fig. 9 that as the size of the MTM lens increases, the gain increases, and the beam area is reduced, while the return loss increases (decreases with negative values), and the bandwidth is increased. As the MTM lens is added, the loss of the antenna increases, so the total quality factor decreases, and hence according to Equation (5) given above, the bandwidth increases. Furthermore, according to Equations (6), (8) and (9), the gain improves for the antenna with MTM lens although the loss increases, because the beam becomes more directive due to the NRI of the MTM lens, and hence the directivity $D$ increases. The increase in directivity $D$ is more than the reduction in the antenna efficiency due to the loss presented by the MTM lens, so the antenna gain increases. Furthermore, according to Equation (7), the reason behind the reduction in the return loss of the proposed antenna comes from the change in input impedance which determines the VSWR of the antenna. The antenna input impedance is changed due to the magnetic and electric couplings between the patch and the MTM lens which result in adding a reactance term to the antenna input impedances. As a result, the resistive part of the antenna input impedance may become more dominant. Hence, impedance matching occurs, and the return loss is improved as in the case of MTM lens of $2 \times 2 \times 2$ size, or it may happen in the opposite situation such as in the remaining sizes of the MTM lens as shown in Fig. 9(a). The optimum dimensions of the MTN lens are chosen to achieve a compromise between good impedance matching and high gain. It can be said that the input impedance and hence the return loss of the antenna are affected dramatically when the MTM lens is added, since the MTM lens adding a new term for the input impedance of the antenna. However, it is obvious that the optimum MTM lens has a size of $3 \times 3 \times 2$, and the optimum separation distance between the patch and the MTM lens is 8 mm. For the optimized proposed antenna, the simulated gain is improved from 7 dB to 11.6 dB, the band width improved from 700 dB to 900 dB, and the return loss improved from $-27$ dB to $-39$ dB. In addition, for a patch antenna with an MTM lens of size $2 \times 2 \times 2$ separated from the patch at a distance $h_S$ of 10 mm, the return loss is improved from $-27$ dB to about $-35$ dB as shown in Fig. 9(a), while the beam area is reduced from 75 to 41 degrees as shown in Fig. 9(b). However, it should be noticed from Figs. 9 and 10 that as the size of the 3-D MTM structure employing the MTM lens increases, the return loss increases, and the antenna matching becomes worst due to the loading effect of the MTM lens which directly affects the input impedance of the antenna, so to avoid this problem, a compromise between the return loss and the gain of the antenna should be made to obtain a good matching and high gain at the same time.
Figure 12. The fabricated antenna, (a) conventional patch and top view of CSRR/TW 2-D periodic structure of size $4 \times 4 \times 2$, (b) conventional patch and bottom view of CSRR/TW 2-D periodic structure, 3-D view of the proposed antenna, and (d) top view of the proposed antenna incorporated with MTM lens.

2.4. Fabrication and Measurement

For experimental validation, the proposed antenna resonating at 10 GHz as well as the CSRR/TW MTM lens has been fabricated as shown in Fig. 12. The fabrication is done using wet etching technique on an RT/Duroid 5880 substrate for both the patch antenna and the MTM with a relative permittivity of $\varepsilon_r = 2.2$ and thickness of $h = 1.57$ mm. The return losses $S_{11}$ for the simulated and fabricated antennas with and without MTM structure are shown in Fig. 13. Furthermore, the effect of the separation distance between the patch and the MTM lens of size $3 \times 3 \times 2$, and the effect of the MTM lens size at fixed separation $h_S$ of 8 mm on the impedance matching of the antenna are illustrated as shown in Fig. 13(a) and Fig. 13(b), respectively. The measured bandwidths of the patch antenna with and without MTM are approximately the same, around 400 MHz. However, the measured return loss of the 10 GHz proposed antenna incorporated with MTM lens placed on the patch at a separation distance of 8 mm and of size $3 \times 3 \times 2$ is improved from $-13$ dB to $-30$ dB. The separation distance between each two 2D MTM layers is 2 mm. By comparing Figs. 9(a), 9(b) and 13, it is clear that the simulated and measured results prove that the antenna return loss is improved by adding MTM lens. The minor difference between the simulated and measured results is due to the soldering of the SMA connector and the misalignment of the MTM lens at the top of the patch.

Furthermore, both $E$- and $H$-plane radiation patterns at 10 GHz proposed antenna with and without MTM are measured for different MTM lenses of sizes $4 \times 2 \times 2$ and $3 \times 3 \times 2$ and fixed separation $h_S$ of 10 mm between the patch and the bottom side of the MTM lens as shown in Fig. 14. However, the simulated $E$- and $H$-plane radiation patterns at 10 GHz proposed antenna with and without MTM are plotted in the same figure. It is clear from Fig. 14 that the measured results prove that the radiation pattern of the antenna with MTM is more focused than that without MTM lens, although there is a deviation between the conventional measured and simulated $H$-plane radiation patterns which may be due to the soldering of the SMA connector which may distort the radiation pattern.

The results show a good agreement between the simulated and measured results and that the radiation beam in both $E$-plane and $H$-plane become more focused as the MTM lens is placed as the top of the patch. To verify the ideal that as the beam becomes more focused, the gain of the antenna is improved, the gain versus frequency for the proposed antenna with and without MTM lens for different MTM lens sizes of $3 \times 3 \times 2$ and $4 \times 2 \times 2$ and fixed separation of 10 mm between the patch and the MTM lens bottom side is plotted as shown in Fig. 15.
Figure 13. The measured and simulated return loss of the proposed antenna with and without MTM lens (conventional): (a) at different separation between the MTM lens and the patch and $3 \times 3 \times 2$ MTM lens size, and (b) at different MTM lens sizes and separation distance of 10 mm between the patch and the MTM lens.

Figure 14. Measured and simulated radiation pattern at 10 GHz of the proposed antenna with and without MTM lens for different MTM lens sizes, (a) $E$-plane and (b) $H$-plane and fixed separation $h_S$ of 10 mm between the patch and the MTM lens.

Figure 15. Comparison between the measured and the simulated gains of the proposed antenna with and without MTM lens of different sizes and fixed separation $h_s$ of 10 mm between the patch and the MTM lens.

It is clear from Fig. 15 that the simulated gain of the proposed antenna incorporated with a MTM lens of $3 \times 3 \times 2$ size is improved from 7 dB to 11.6 dB inside the bandwidth of the antenna, and at the same time, the measured gain is also improved approximately with the same figures. The gain versus frequency graph of Fig. 15 shows that the measured and simulated gains of the proposed antenna are roughly closed inside the antenna bandwidth but with little bit fluctuation due to the measurement errors and the misalignment of the placement of the MTM lens above the patch. However, as the MTM lens size increases, the gain of the proposed antenna increases, because the MTM lens congregates more EM waves from the patch radiated waves, and the beam becomes more focused according to Pendry perfect lens theory [9]. Regarding the antenna efficiency, it is important to notice that due to the added MTM lens, the dielectric and the conductor losses increase which of course degrade the antenna overall efficiency. However, due to the beam focusing of the radiated wave caused by the MTM lens, the directivity of the antenna increases significantly. The increase in directivity becomes dominant compared with the decrease in the antenna radiation efficiency; consequently, the antenna gain is improved.
2.5. Major Contribution of This Work

There are two main reasons behind this research. Firstly, the published papers which used the MTM as a cover to improve the performance of the patch antenna such as [18, 50] suffer from two problems of mechanical stability and large size. Regarding the mechanical stability problem, in [18] the MTM layers are placed vertically on the patch substrate which cause difficulty in the alignment and low mechanical stability. In terms of the large size problem, in [50] a large size and bulky MTM structure consists of a 3-D array of thin wires is used to focus the radiated waves. Furthermore, the two mentioned literature papers focus on neither the NRI extraction nor the oblique response of the MTM structure and did not show the transmission and reflection coefficients of the structure at different orientation angles of the MTM structure with respect to the excitation source. In order to employ the NRI MTM structure as a lens, it should have good transmission and reflection coefficients as well as NRI around the frequency of interest which is 10 GHz in this paper. In this paper, the two mentioned problems are solved. For example, in terms of mechanical stability point of view, the MTM structure is composed of NRI CSRR/TWs MTM layers placed at the top of the patch in parallel arrangement to the patch substrate with foam spacers which results in rigid and mechanically stable antennas. However, it is not necessary to stack many layers of the CSRR/TWs MTM in front of the patch to improve the gain, and two layers are enough to improve the gain from 7 dB to 11.6 dB. Thus, the proposed antenna is rigid, light and mechanically stable and easy in fabrication, since the MTM lens consists of one layer or multi-layers of 2-D CSRR/TWs structure rather than 3-D array of thin wires [50].

Secondly, this work will service our future plan of proposing a THz optical antenna incorporated with MTM lens for heart beat measurement [51] and high resolution imaging systems. Here, it has been illustrated that in the microwave regime, if the NRI CSRR/TWs MTM structure is excited obliquely, it will have a good transmission and reflection as well as NRI for all angles. So, if the structure is scaled down in dimension and up in frequency in order to develop a MTM lens in the THz regime, it can focus the radiated THz waves from the optical THz antenna instead of using bulky silicon lens [52]. However, the proposed antenna can be optically tuned by rotating the optical antenna as well as the lens with respect to the excitation laser beam, and the MTM structure will still have NRI for all angles. By this way, it is possible to propose an efficient THz optically-tuned optical antenna incorporated with MTM lens. Furthermore, by studying the futures of the MTM structures through their oblique response, it is possible to optimize and proposed novel MTM lenses for the THz optical antennas.

3. CONCLUSION

In this paper, the performance of a 10 GHz patch antenna is greatly improved by beam focusing when it is integrated with a 3-D CSRRs/TWs periodic structure employing a MTM lens. The MTM lens was suspended above the patch antenna through foam spacer with electric permittivity closed to air; the MTM lens focused the radiated EM waves of the patch antenna in a narrow area. The 2-D infinite periodicity CSRR/TWs MTM structure is designed and simulated in CST software, and the effective parameters are extracted. The results illustrate that the MTM structure has negative values for the real part of the effective parameters. Furthermore, the angular independency of the CSRR/TWs MTM structure with infinite 2-D periodicity has been verified by rotating the MTM structure from 0 to 180 degrees with respect to the excitation probe of the TEM waves. The results show that MTM structure has negative effective parameters and good reflection and transmission characteristics in a wide band of angles around 10 GHz, which prove that the MTM acts as lens. In addition, the infinite periodicity truncation of the MTM structure is also studied by designing and simulating 3-D MTM structures with finite sizes of $2 \times 2 \times 2$, $3 \times 3 \times 2$, and $4 \times 2 \times 2$. The results show that the MTM structure truncation has no impacts on both the MTM lens negative effective parameters and homogeneity.

The proposed antenna has been designed and optimized in CST software. The antenna bandwidth is improved, and the return loss generally increases, although it might be improved if the MTM lens size is chosen properly. The results show that as the MTM lens is added the loss of the antenna increases, so the total quality factor decreases, and hence the bandwidth increases. The change in the impedance matching and hence the return loss is because of the capacitive and inductive coupling between the patch and the MTM lens. The optimized radiation properties of the proposed patch antenna have been obtained through the justification of the patch-MTM lens separation and the dimensions of the 3-D
MTM periodic structure employing the MTM lens. These improvements in the antenna parameters validate the proposed concept of beam focusing using 3-D periodic structure of CSRRs/TWs, which employs the MTM lens, without significant modification in the matching methodology of the patch antenna. Furthermore, we have demonstrated the validity of the above properties by CST software EM simulator and experimentally at 10 GHz and shown that at this frequency the antenna gain is improved by 4.6 dB, while the beam width is reduced from 75 to 41 degrees which validate the concept of beam focusing using CSRR/TWs MTM lens. The measured and simulated results show an improvement in the return loss by about $-20\, \text{dB}$ for the antenna incorporated with MTM lens of size $2 \times 2 \times 2$ although it increases when $3 \times 3 \times 2$ and $4 \times 2 \times 2$ MTM lens sizes are used. This improvement due to the reactance coming from the electric and magnetic couplings between the patch and MTM lens, and the coupling between different parts of the MTM lens itself which result in a reactance term added to the antenna input impedance. As a future work, the idea of gain improvement of the patch antenna incorporated with the NRI MTM lens can be extended to THz frequency range to be used for short distance wireless communication link, particularly in the biomedical application and inside the satellite to reduce the wiring complexity of the satellite system and. However, the MTM lens can replace the bulky silicon lens used in the THz optical antennas to focus the radiated beam and improve the antenna gain.

REFERENCES


